
CLASS DESCRIPTION & UNIFORMS

LEVEL V

TRAINING FOR PRE-PROFESSIONAL DANCERS (AGES 15-18)

ACRO IV/V

Acro is defined by its unique athleticism and challenging skill set. Classes will focus on strength, flexibility, balance, and concentration. Students will learn to use their bodies in new ways, mastering skills such as aerials, back/front handsprings, partner work and so much more. Each student will receive one-on-one, hands-on attention. Every class will use mats, and other equipment to better enhance safety, confidence and learning abilities.

ACRO IV/V FEMALE IDENTIFYING UNIFORM



Leotard

COLOR: BLACK

STYLE: CAPEZIO HIGH NECK TANK (CC201)

Tights (worn over the leotard)

COLOR: BLACK

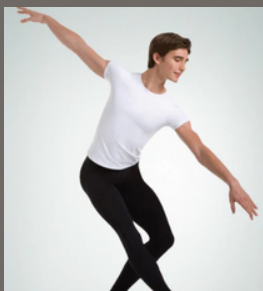
STYLE: ULTRA SOFT TRANSITION® TIGHT (1916)

Shoes

BAREFOOT

HAIR NEATLY PULLED BACK

ACRO IV/V MALE IDENTIFYING UNIFORM



- PLAIN WHITE T-SHIRT (FREE OF LOGOS OR DESIGNS)
- BLACK TIGHTS/LEGGINGS
- BAREFOOT

Students in split level classes should wear the uniform appropriate for their level

CLASS DESCRIPTION & UNIFORMS

LEVEL V

TRAINING FOR PRE-PROFESSIONAL DANCERS (AGES 15-18)

BALLET & POINTE V

Ballet V provides a pre-professional setting in which students are expected to apply themselves with focus. This class offers increasingly challenging movement combination and phrase work and incorporates pointe work. Students will improve coordination, strength, and technique finding their own expression within the Ballet form. This class is appropriate for intermediate/advanced dancers who have completed at least 1 year of pointe.

Students who do not have pointe shoes will attend a group pointe shoe fitting to purchase their pointe shoes. Pointe shoes are not necessary prior to the group fitting.

BALLET & POINTE V FEMALE IDENTIFYING UNIFORM



Leotard

COLOR: BLACK

STYLE: CAPEZIO HIGH NECK TANK (CC201)

Tights

COLOR: PINK OR FLESH TONE

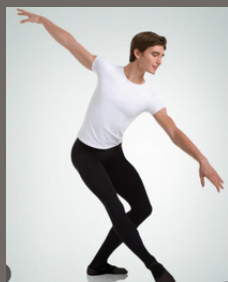
STYLE: ULTRA SOFT TRANSITION® TIGHT (1916)

Shoes (*Shoes and tights must match in color.)

PINK OR FLESH TONE BALLET SHOES

HAIR NEATLY PULLED BACK IN A BUN

BALLET V MALE IDENTIFYING UNIFORM



- PLAIN WHITE T-SHIRT (FREE OF LOGOS OR DESIGNS)
- BLACK TIGHTS/LEGGINGS
- BLACK SOCKS
- BLACK BALLET SHOES

CLASS DESCRIPTION & UNIFORMS

LEVEL V

TRAINING FOR PRE-PROFESSIONAL DANCERS (AGES (15-18)

CONTEMPORARY IV/V

Contemporary IV/V almost defies description, it can be balletic or wholly abstract, jazz-influenced or lyrical, structured or unconventional. Students in this class will explore the freedom of movement that contemporary dance allows. Students will work with Nimbus Dance company dancers to explore contemporary dance forms and their own creative exploration/choreography.

CONTEMPORARY IV/V FEMALE IDENTIFYING UNIFORM



Leotard

COLOR: BLACK

STYLE: CAPEZIO HIGH NECK TANK (CC201)

Tights (worn over the leotard)

COLOR: BLACK

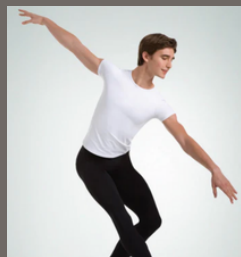
STYLE: ULTRA SOFT TRANSITION® TIGHT (1916)

Shoes

BAREFOOT

HAIR NEATLY PULLED BACK IN A BUN

CONTEMPORARY IV/V MALE IDENTIFYING UNIFORM



- PLAIN WHITE T-SHIRT (FREE OF LOGOS OR DESIGNS)
- BLACK TIGHTS/LEGGINGS
- BAREFOOT

Students in split level classes should wear the uniform appropriate for their level

CLASS DESCRIPTION & UNIFORMS

LEVEL V

TRAINING FOR PRE-TEEN DANCERS (AGES 15-18)

HIP HOP V

Students will be learning advanced combinations and floor work from various Hip Hop techniques including Popping, Locking, Breaking and more. Choreography will be taught quickly for students to learn skills of speed, comprehension, and vocabulary used in the field.

HIP HOP V UNIFORM

- LOOSE FITTING CLOTHING THAT YOU ARE COMFORTABLE MOVING IN. CLOTHING SHOULD BE FREE OF LOGOS.
- CLEAN INDOOR SNEAKERS
- HAIR NEATLY PULLED BACK

CLASS DESCRIPTION & UNIFORMS

LEVEL V

TRAINING FOR PRE-PROFESSIONAL DANCERS (AGES (15-18)

JAZZ IV/V

Jazz IV/V will focus on jazz technique, emphasizing style, rhythm, and dynamics. Students will focus on increasing flexibility, improving consecutive pirouettes, and learning advanced jumps. Students will also be challenged with polyrhythms, intricate footwork/arm positions and challenged to develop a sense of flair and artistry.

JAZZ IV/V FEMALE IDENTIFYING UNIFORM



Leotard

COLOR: BLACK

STYLE: CAPEZIO HIGH NECK TANK (CC201)

Tights (worn over the leotard)

COLOR: BLACK

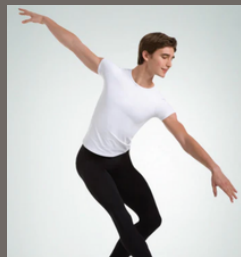
STYLE: ULTRA SOFT TRANSITION® TIGHT (1916)

Shoes

BLACK JAZZ SHOES

HAIR NEATLY PULLED BACK IN A BUN

JAZZ IV/V MALE IDENTIFYING UNIFORM



- PLAIN WHITE T-SHIRT (FREE OF LOGOS OR DESIGNS)
- BLACK TIGHTS/LEGGINGS
- BLACK SOCKS
- BLACK JAZZ SHOES

Students in Split level classes should wear the uniform appropriate for their level

CLASS DESCRIPTION & UNIFORMS

LEVEL V

TRAINING FOR PRE-PROFESSIONAL DANCERS (AGES (15-18)

JUMPS, LEAPS & TURNS IV/V

Jazz IV/V will focus on jazz technique, emphasizing style, rhythm, and dynamics. Students will focus on increasing flexibility, improving consecutive pirouettes, and learning advanced jumps. Students will also be challenged with polyrhythms, intricate footwork/arm positions and challenged to develop a sense of flair and artistry.

JUMPS LEAPS & TURNS FEMALE IDENTIFYING UNIFORM



Leotard

COLOR: BLACK

STYLE: CAPEZIO HIGH NECK TANK (CC201)

Tights (worn over the leotard)

COLOR: BLACK

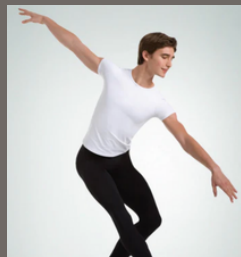
STYLE: ULTRA SOFT TRANSITION® TIGHT (1916)

Shoes

BLACK JAZZ SHOES

HAIR NEATLY PULLED BACK IN A BUN

JUMPS, LEAPS & TURNS IV/V MALE IDENTIFYING UNIFORM



- PLAIN WHITE T-SHIRT (FREE OF LOGOS OR DESIGNS)
- BLACK TIGHTS/LEGGINGS
- BLACK SOCKS
- BLACK JAZZ SHOES

Students in split level classes should wear the uniform appropriate for their level

CLASS DESCRIPTION & UNIFORMS

LEVEL V

TRAINING FOR PRE-PROFESSIONAL DANCERS (AGES (15-18)

MODERN V

Modern V provides a pre-professional setting in which students are expected to apply themselves with focus. This class offers increasingly challenging movement combination and phrase work within Modern techniques focused in Graham-based technique. Students will improve coordination, strength, and confidence finding their own expression within the Modern technique. The class is appropriate for intermediate/advanced dancers.

MODERN V FEMALE IDENTIFYING UNIFORM



Leotard

COLOR: BLACK

STYLE: CAPEZIO HIGH NECK TANK (CC201)

Tights (worn over the leotard)

COLOR: BLACK

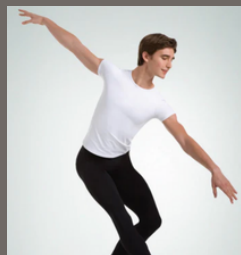
STYLE: ULTRA SOFT TRANSITION® TIGHT (1916)

Shoes

BAREFOOT

HAIR NEATLY PULLED BACK IN A BUN

MODERN V MALE IDENTIFYING UNIFORM



- PLAIN WHITE T-SHIRT (FREE OF LOGOS OR DESIGNS)
- BLACK TIGHTS/LEGGINGS
- BAREFOOT

CLASS DESCRIPTION & UNIFORMS

LEVEL IV

TRAINING FOR PRE-TEEN DANCERS (AGES 12-14)

NIMBUS REPERTORY & IMPROVISATION IV/V

In this class students will begin to work on defining their choreographic voice through improvisation. Students will learn Nimbus Dance repertory from Nimbus professional company dancers.

NIMBUS REP & IMPROV FEMALE IDENTIFYING UNIFORM



Leotard

COLOR: BLACK

STYLE: CAPEZIO HIGH NECK TANK (CC201)

Tights (worn over the leotard)

COLOR: BLACK

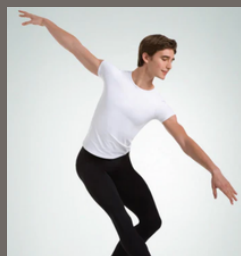
STYLE: ULTRA SOFT TRANSITION® TIGHT (1916)

Shoes

BAREFOOT

HAIR NEATLY PULLED BACK IN A BUN

NIMBUS REP & IMPROV MALE IDENTIFYING UNIFORM



- WHITE T-SHIRT (FREE OF LOGOS OR DESIGNS)
- BLACK TIGHTS/LEGGINGS
- BAREFOOT

Students in split level classes should wear the uniform appropriate for their level